

GOUR MAHAVIDYALAYA, MANGALBARI, MALDA





**Out Reach Programme Committee and N.S.S.ADVISORY COMMITTEE: OUT REACH PROGRAMME:2016-2022: Report:**

<b>DR.ASHIM KUMAR SARKAR</b>	<b>PRINCIPAL/CHAIRMAN</b>
<b>SRI RAKESH SARKAR</b>	<b>CONVENER,PROGRAMME OFFICER- UNIT-1</b>
<b>SRI ARUP KUMAR ROY</b>	<b>JOINT-CONVENER,PROGRAMME OFFICER-UNIT-11</b>
<b>DR.P.K.KUNDU</b>	<b>MEMBER: COORDINATOR,IQAC</b>
<b>DR.K.M.MAHATA</b>	<b>MEMBER: EX- PROGRAMME OFFICER</b>

#### **OUT REACH PROGRAMME COMMITTEE**

<b>DR.ASHIM KUMAR SARKAR</b>	<b>PRINCIPAL/CHAIRMAN</b>
<b>DR.N.K.MRIDHA</b>	<b>CONVENER, ASSISTANT PROFESSOR</b>
<b>DR.P.K.KUNDU</b>	<b>MEMBER: COORDINATOR,IQAC</b>
<b>SMT URMIMALA BASAK</b>	<b>MEMBER, SECRETARY,TEACHERS'COUNCIL</b>
<b>PARTHO MANI</b>	<b>MEMBER,STUDENT</b>
<b>MOON BASAK</b>	<b>MEMBER,STUDENT</b>

#### **INTRODUCTION:MOTTO: NOT ME,BUT YOU**

**The National Service Scheme was launched in Gandhiji's Centenary year in 1969. The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students to develop their moral character and serve the common people as well as the Nation.**

#### **SYMBOL**

**The symbol for the NSS has been based on the giant Rath Wheel of the world-famous Konark Sun Temple( Orissa, India). The wheel portrays the cycle of creation, preservation and release. It signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. The eight bars in the wheel represents 24 hours of a day. The red colour indicates that the volunteer is full of**

young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind. It stands for continuity as well as change .

**OBJECTIVES:**

- (1). Student’s service for the cause of community and the Nation.
- (2).Develop among the volunteers a sense of social and civic responsibility.
- (3).Gain skills in mobilizing community participation.
- (4).Identify the needs and problems of the community and involve them in the solutions of the problems.
- (5).Develop competence required for collective existence and sharing of responsibilities.

One of the objectives is to develop consciousness of civic responsibility among the students through community service and establish a linkage between the College campus and village community. The other objective is to implement service learning technique through community service. The extension activities are carried out through the following units: (1). Outreach programme committee. (2) N.S.S. unit-I ( volunteers -100-Sri Rakesh Sarkar, Programme Officer); N.S.S. unit-II ( Volunteers-100, Sri Arup Roy, Programme officer), Out Reach Programme Committee( Dr. N. K. Mridha, Convener) Eco Club (Dr. Syffujaman Taradfdar, Convener) and Beautification Committee (Smt. Urmimala Basak Roy, Convener).

The integrated extension work in rural area(Village Kamancha, Maligram,Narayanpur , Old Malda Block and College campus) is carried out by two N.S.S.units under the supervision of Dr. Pulak Kumar Kundu, Programme Officer, N.S.S. unit -I and Dr.Kshitish Chandra Mahato , programme officer of Unit -II respectively.

**2016-2017**

<b>Date:Programme:Regular:</b>	<b>Venue</b>	<b>Activities:</b>
<b>7.4.2016: Observation of World Health Day:</b>	<b>Village: Kamancha</b>	<b>Dr.T.Pandey,BHMS,delivered a lecture on the importance of the World Health Day and checked health of 20 patients.</b>
<b>23.4.2016:Blood donation camp:</b>	<b>Gour Mahavidyalaya</b>	<b>6 volunteers donated blood.</b>
<b>5.6.2016: World environment day:</b>	<b>Village: kamancha</b>	<b>N.S.S. volunteers distribute 50 saplings of Mehagini. 1 pacca pan was handed over</b>

		<b>to a villager.</b>
<b>15.8.2016: observation of the Independence day:</b>	<b>Gour Mahavidyalaya</b>	<b>Dr.N .K. Mridha hoisted the National flag. Dr. Mridha and Dr. P. K. Kundu delivered lectures on the occasion.</b>
<b>20.8.2016: observation of sadbhavana diwas:</b>	<b>Village: kamancha</b>	<b>K. M. Mandal, teacher of Gour Mahavidyalaya , delivered a lecture.</b>
<b>2.10.2016:Swacch Bharat Abhijan</b>	<b>Gour Mahavidyalaya</b>	<b>Our volunteers took part in cleaning of Boys' hostel.</b>
<b>24.9.2016: observation of N.S.S. day:</b>	<b>Gour Mahavidyalaya</b>	<b>Dr. P. K. Kundu, Programme officer, delivered a lecture.</b>
<b>1.12.2016 and 2.12.2016:World Aids day:</b>	<b>Village: kamancha</b>	<b>Dr. K. Begum, delivered a lecture on AIDS: AWARENESS</b>
<b>2.12.2016:</b>	<b>Village: kamancha</b>	<b>Our volunteers handed over 8 chickens to the members of Self Help Group.</b>
<b>3.12.2016: Lecture on Anti –drug campaign</b>	<b>Gour Mahavidyalaya</b>	<b>Sr. P. Bauli, teacher of Gour Mahavidyalaya , delivered a lecture.</b>
<b>15.12.2016: Thalassemia screening camp</b>	<b>Gour Mahavidyalaya</b>	<b>Staff of Malda Hospital and Medical college conducted the camp.</b>
<b>17.12.2016:</b>	<b>Gour Mahavidyalaya</b>	<b>Officers of BSF delivered lectures on the role of BSF in maintaining sovereignty of India .</b>

#### **DOCUMENTS**

		
<b>SWACHH BHARAT ABHIYAN</b>	<b>LECTURE</b>	<b>SAPLINGS DISTRIBUTION</b>

2017-2018

**The integrated extension work in rural area(Village Kamancha, Maligram, Narayanpur Block, Old Malda and College campus) is carried out by two N.S.S. units under the supervision of Sri Rakesh Sarkar,**

**Programme Officer, N.S.S. unit -I and Sri Arup Kumar Roy, Programme Officer of Unit -II respectively.**

<b>Title of the Activities: Date:</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of teachers co- ordinates activities</b>	<b>Number of students participated in such activities</b>
<b>Observation of World Health Day: Dr. Ashim Kumar Sarkar, Principal and Dr. N. K. Mridha, Ex-Teacher-in-Charge, delivered lectures on the occasion. Date 7.4.2017: Venue : Gour Mahavidyalaya</b>	<b>N.S.S. unit I and II</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>Sarkar-- officer- Kr.Roy-officer- 32</b>
<b>Observation of Aranya Saptaha: Saplings plantation :18.7.2017: Venue :Gour Mahavidyalaya</b>	<b>N.S.S. unit I and II</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>Sarkar-- officer- Kr.Roy-officer- 48</b>
<b>Seminar on Healthy Youth for Healthy India: 2.8.2017:: Venue: Gour Mahavidyalaya</b>	<b>N.S.S. unit I and II</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>Sarkar-- officer- Kr.Roy-officer- 38</b>
<b>Observation of the Independence day: 15.8.2017:Dr.N.K.Mridha hoisted the National flag at 8.30 A. M. Dr. N. K. Mridha , Sri Rakesh Sarkar and Sri Arup Roy, delivered lectures on the occasion. Venue: Gour Mahavidyalaya</b>	<b>N.S.S. unit I and II</b>	<b>Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>officer- Kr.Roy-officer- 52</b>
<b>Flood relief: 26.8.2017: Venue: Churaman bridge, near Chachal, Malda.</b>	<b>N.S.S. unit 1 and 11</b>	<b>Rakesh Programme Unit-I and Arup Programme officer,N.S.S. unit-II</b>	<b>Sarkar- office- Kr.Roy- 48</b>
<b>Flood relief: 28.8.2017:Venue: Harishchandrapur, Malda.</b>	<b>N.S.S. unit I and II</b>	<b>Rakesh Programme Unit-I; Arup Programme</b>	<b>Sarkar-- officer- Kr.Roy-officer- 56</b>















		<b>N.S.S. unit-II</b>	
<b>Observation of N.S.S Day: Venue: Gour Mahavidyalaya:</b>	<b>N.S.S. unit I and II</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>Sarkar-- officer- Kr.Roy- officer-</b>
			<b>38</b>
<b>Aniti- tobacco Day: DR.A.K.Sarkar, Principal and N.K.Mridha, Ex- teacher-in -charge, discussed the importance of the day: Venue: Gour Mahavidyalaya:5.10.2017</b>	<b>N.S.S. unit I and II</b>	<b>Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>officer- Kr.Roy- officer-</b>
			<b>34</b>
<b>World AIDS Day:1.12.2017: Dr. Amitabha Mandal, Deputy CMOH, Malda Medecal ICollege and Hospital, delivered a lecture. Dr. Gautam Sarkar, CMOH, Malda Medical College and Hospital ,also delivered a lecture. Sri Biswajit Bose, President, Old Malda Sahajogita Samiti, discussed the different issues related to HIV.</b>	<b>N.S.S. unit 1 and 11</b>	<b>Programme Unit-I; Arup Programme N.S.S. unit-II</b>	<b>officer- Kr.Roy- officer-</b>
			<b>28</b>
<b>Swachh Bharat Abhiyan programme: Cleaning: College campus: Dustbin set up : College Campus :Date: 20.4.2018</b>	<b>N.S.S. unit I and II;Eco- Club;34 Teachers</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. Syfujjaman Tarafder,Convener,Eco- Club;34 Teachers</b>	<b>Sarkar-- officer- Kr.Roy- officer- unit-II;</b>
			<b>88</b>
<b>Observation of World Environment Day:5.6.2018:Spalings plantation: Venue: Gour Mahavidyalaya</b>	<b>N.S.S. unit I and II;Eco- Club</b>	<b>Rakesh Programme Unit-I; Arup Programme N.S.S. Syfujjaman Tarafder,Convener,Eco- Club</b>	<b>Sarkar-- officer- Kr.Roy- officer- unit-II;</b>
			<b>22</b>



## DOCUMENT

				
<b>WORLD AIDS DAY</b>	<b>WORLD AIDS DAY</b>	<b>SWACHH ABHIYAN</b>	<b>BHARAT SWACHH ABHIYAN</b>	<b>BHARAT SWACHH ABHIYAN</b>

### Attendance Sheet:


## 2018-2019

**Extension Activities 3.4.1 Number of extension and outreach programmes conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year: The extension activities are carried out through the following units: (1). Outreach programme committee. (2) N.S.S. unit-I ( volunteers -100-Sri Rakesh Sarkar, Programme Officer); N.S.S. unit-II ( Volunteers-100, Sri Arup Roy, Programme officer), Out Reach Programme Committee( Dr. N. K. Mridha, Convener) Eco Club (Dr. Syffujaman Taradfdar, Convenor) and Beautification Committee (Smt. Urmimala Basak Roy, Convener).**





**N.S.S. UNIT-I and II: BLOOD DONATION CAMP,16.4.2019**

<b>Title of the Activities: Date:</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of teacher s co- ordinate d such activitie s</b>	<b>Number of students participate d in such activities</b>	<b>Document</b>
<b>SWACHH BHARAT ABHIYAN:2.10. 18</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II; Dr.N.K.Mridha, Coordinator,Outrea ch Programme Committee, Syfujjaman Taraferder, Convener,Eco- club</b>	<b>5</b>	<b>34</b>	
<b>WORLD AIDS DAY:1.12.2018</b>		<b>5</b>	<b>54</b>	 <b>WORLD AIDS DAY:1.12.20 19</b>



**1.7.2019 to 30.6.2020**

<b>Title of the Activities: Date:</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of teachers co-ordinated such activities</b>	<b>NUMBER OF PARTICIPANTS</b>	
<b>Inaugural ceremony : Adoption of village Bhatra: Date: 17.7.2019</b>	<b>N.S. S. Unit 1 and 11, Out Reach Programme Committee;Eco Club and Beautification Committee Old Malda Sahajogita Samiti( NGO), Nehru Yuva Kendra, Malda</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II; Dr.N.K.Mridha, Coordinator,Outreach Programme Committee, Syfujjaman Tarafder, Convener,Eco-club,Dr.P.K.Kundu, Coordinator, IQAC,34 Teachers</b>	56	
<b>Swacch Bharat Abhijan: Cleaning : College Campus: 6.8.2019</b>	<b>N.S. S. Unit 1 and 11,Eco-club, Outreach Programme Committee</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II; Dr.N.K.Mridha, Coordinator,Outreach Programme Committee, Syfujjaman Tarafder, Convener,Eco-club,Dr.P.K.Kundu, Coordinator, IQAC;38 Teachers;</b>	76	
<b>Medical Camp:15.9.2019: Venue: Village Bhatra, Sahapur, Old</b>	<b>N.S. S. Unit 1 and 11, Outreach Programme Committee</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II; Dr.N.K.Mridha,</b>	34	

<b>Malda</b>		<b>Coordinator, Outreach Programme Committee, Syfujjaman Tarafder, Convener, Eco-club, Dr.P.K.Kundu, Coordinator, IQAC, 24 Teachers</b>		
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**1.7.2019 to 30.6.2020**

<b>Title of the Activities: Date:</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Number of teachers co-ordinated such activities</b>	<b>Number of students participated in such activities</b>
<b>Inaugural ceremony : Adoption of village Bhatra: Date: 17.7.2019</b>	<b>N.S. S. Unit 1 and 11, Outreach Programme Committee; Eco Club and Beautification Committee Old Malda Sahajogita Samiti( NGO), Nehru Yuva Kendra, Malda</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II; Dr.N.K.Mridha, Coordinator, Outreach Programme Committee, Syfujjaman Tarafder, Convener, Eco-club, Dr.P.K.Kundu, Coordinator, IQAC, 34 Teachers</b>	<b>54</b>
<b>Swacch Bharat Abhijan: Cleaning : College Campus: 6.8.2019</b>	<b>N.S. S. Unit 1 and 11, Eco-club, Outreach Programme Committee</b>	<b>Rakesh Sarkar- Programme officer- Unit-I. Arup Kr.Roy- Programme office- unit-II;</b>	<b>44</b>

		<b>Dr.N.K.Mridha, Coordinator,Out reach Programme Committee, Syfujjaman Tarafder, Convener,Eco- club,Dr.P.K.Kun du, Coordinator, IQAC;38 Teachers;</b>	
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### DOCUMENT

				
<b>NYK</b>	<b>SAPLINGS DISTRIBUTION</b>	<b>SAPLINGS DISTRIBUTION</b>	<b>SAPLINGS DISTRIBUTION</b>	<b>SAPLINGS PLANTATION</b>
				
<b>VILLAGE BHATRA: VOLUNTEERS</b>	<b>FREE MEDICAL CAMP: BHATRA:20.11.2019</b>	<b>VILLAGE BHATRA: WORKSHOP: COMMUNITY FARMING:26.11.2019</b>	<b>SWACHH BHARAT ABHIYAN</b>	<b>SWACHH BHARAT ABHIYAN</b>

					
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### 2020-21

The extension activities are carried out through the following units: (1). Outreach programme committee. (2) N.S.S. unit-I ( volunteers -100-Sri Rakesah Sarkar, Programme Officer); N.S.S. unit-II ( Volunteers-100, Sri Arup Roy, Programme officer), Out Reach Programme Committee( Dr. N. K. Mridha, Convener) Eco Club (Dr. Syffujaman Tarafdar, Convenor) and Beautification Committee (Smt. Urmimala Basak Roy, Convener).

**3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., ( including the programme such as Swachh**

**Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs ) during the -2020-21.**

<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Name of the scheme</b>	<b>Year of the activity</b>	<b>Number of students participated in such activities</b>
		<b>Extension and outreach</b>		
<b>74<sup>th</sup> Independence Day is celebrated by the N.S.S. Unit of our College .Dr. Niranjnan Kr. Mridha delivered a lecture on the occasion.</b>	<b>N.S.S. Unit-I,II and Outreach Programme Committee</b>	<b>Extension and outreach</b>	<b>15.08.2020</b>	<b>34</b>
<b>Observation of Sadhabana Diwas</b>		<b>Extension and outreach</b>	<b>20.08.2020</b>	<b>43</b>
<b>CORONA relief programme at village Bhatra,Food, Mask, Sanitizer distribution among the villagers of Bhatra, Old Malda.</b>	<b>N.S.S.Unit I and II ,Outreach Programme Committee</b>	<b>Extension and outreach</b>	<b>29.06.2020</b>	<b>18</b>
<b>Spit-Free India Movement.</b>	<b>Narayana Hospital (Howrah) in Collaboration with NSS.</b>	<b>Extension and outreach</b>	<b>September- November,2020</b>	<b>32</b>
<b>Free Medical Camp at village Bhatra,OldMalda.</b>	<b>NSS Unit-I, NSS Unit-II and Outreach Committee</b>	<b>Extension and outreach</b>	<b>29.09.2020</b>	<b>13</b>
<b>Free Medical Camp at village Bhatra,OldMalda.</b>	<b>NSS Unit-I, NSS Unit-II and Outreach Committee</b>	<b>Extension and outreach</b>	<b>10.10.2020</b>	<b>13</b>
<b>Obsevation of World Aids Day</b>	<b>NSS Unit-I, IQAC in collaboration with Old</b>	<b>Extension and outreach</b>	<b>01.12.2020</b>	<b>43</b>



	MaldaSahayogit a Samiti( NGO)			
Swachchha Bharat Abhijan	NSS Unit-I, IQAC	Extensio n and outreach	15.12.2020	41
Free Medical Camp at village Bhatra,OldMalda.	NSS Unit-I, NSS Unit-II and Outreach Programme Committee	Extensio n and outreach	26.12.2020	43
Health awareness program on DENGU & CHIKUNGUNIA	N.S.S. Unit-1	Extensio n and outreach	18.01.2021	77
Observation of the Republic Day,Flag Hoisting, Lecture,andSwachch ha Bharat Abhiyan	NSS Unit-I, ,N.S.S. Unit- 11,Outreach Programme Committee; Coordinator,IQA C	Extensio n and outreach	26.01.2021	77

### DOCUMENT






				 
OBSERVATION OF THE INDEPENDENCE DAY:15.08.2020	SWACHH BHARAT ABHIYAN:26.01.2020	OUT BREAK OF CORONA VIRUS: VILLAGE: BHATRA RELIEF:29.06.2020: RELIEF:29.06.2020	OUT BREAK OF CORONA VIRUS: VILLAGE: BHATRA RELIEF:29.06.2020	VILLAGE BHATRA,OLD MALDA,29.09.2020: OUT BREAK OF CORONA VIRUS: AT VILLAGE BHATRA,OLD MALDA,29.09.2020: OUT BREAK OF CORONA VIRUS:26.12.2020: FREE MEDICAL CAMP



**ADOPTED VILLAGE BHATRA:211 BLANKETS DISTRIBUTED:4.4.2021: OUT BREAK OF CORONA VIRUS:  
RELIEF WORK**



## Attendance Sheet:

				
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<p><b>WEBINAR:MENTAL HEALTH AND CAREER DEVELOPMENT AT THE TIME OF COVID: 31.05.2021: SPEAKER:MS.SUBHANGI GOSWAMI, CLINICAL PSYCHOLOGIST,SENIOR RESEARCH FELLOW:IIT,KHRAGPUR;MS.PARSANA GUPTA ROY CLINICAL PSYCHOLOGIST: CO-FOUNDER: JEEBSUTRA: MALDA : ORGANIZED BY N.S.S. UNIT, BISHAKHA COMMITTEE ,AND CAREER COUNSELING CELL: DURING OUT BREAK OF CORONA VIRUS.</b></p>			
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**3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., ( including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs ) during the -2021-22.**

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
		Extension and outreach		
74 <sup>th</sup> Independence Day is celebrated by	N.S.S. Unit-I,II and Outreach	Extension and	15.08.2021	48



the N.S.S. Unit of our College .Dr. Niranjanjan Kr. Mridha delivered a lecture on the occasion.	Programme Committee	outreach		
Aranya Saptaha: Saplings plantation: Garden,Gour Mahavidyalaya	N.S.S. Unit-I,II and Outreach Programme Committee	Extension and outreach	21.08.2021	22
Observation of N.S.S Day	N.S.S. Unit-I,II and Outreach Programme Committee	Extension and outreach	24.09.2021	36
Swachh Bharat Abhiyan	N.S.S. Unit-I,II and Outreach Programme Committee	Extension and outreach	02.10.2021	22
Workshop: World Aids Day	N.S.S. Unit-I,II and Outreach Programme Committee	Extension and outreach	01.12.2021	54

					
21.07.2021	OBSERVATION of N.S.S DAY:24.09.2021	2.10.2021: Swachh Bharat Abhiyan	World Aids Day:1.12.2021	VOLUNTEER LIST	VOLUNTEER LIST

Rakesh Saman  
01.08.2021

Dr. Niranjanjan Kr. Mridha  
N.S.S. Unit-I,II and Outreach Programme Committee  
Gour Mahavidyalaya  
Mridha