

UG/5th Sem (H)/22/(CBCS)

2022

EDUCATION (Honours)

Paper Code : EDCH DSE-2

(Mental Health)

Full Marks : 32

Time : Two Hours

*The figures in the margin indicate full marks.
Candidates are required to give their answers
in their own words as far as practicable.*

1. Answer any *four* of the following questions : $2 \times 4 = 8$

- (a) Define learning disabilities.
- (b) Define mental health.
- (c) Write two objectives of mental hygiene.
- (d) In which year and where was the DSM-IV edition released?
- (e) Write two major recommendations of 'Salamanca Conference'.
- (f) State two objectives of RCI.

2. Answer any *four* of the following questions : $4 \times 4 = 16$

- (a) Explain the chief features of a mentally healthy person.

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- (b) What strategies can we adopt to maintain good mental health?
 - (c) State the social and marital factors of maladjustment.
 - (d) State the psychological factors of abnormal behaviour.
 - (e) Explain the relationship between mental health and mental hygiene.
 - (f) Describe the biological factors causing abnormal behaviour.
3. Answer any *one* of the following questions : $8 \times 1 = 8$
- (a) Discuss the different educational schemes for mentally challenged learners in India.
 - (b) Describe the indicators of poor mental health.
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