## GOUR MAHAVIDYALAYA

## DEPARTMENT OF PHYSICAL EDUCATION

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## NOTICE

No. /PEDG/GM/21 Date: 13-06-2021

It is hereby informed that for the General Students of CBCS Semester -II, Semester IV and Part -3 of the Department of Physical Education an Online Special Yoga Class have been Organized which will be held on 15/06/2021 (Tuesday) at 3:00 pm in the Online mode (via Google Meet). The Hon'ble Speaker of the Special Yoga Class will be Dr. S. K. Ganguly who is the Former Principal & Adjunct Professor of GS College of Yoga & Cultural Synthesis, Kaivalyadhama, Lonavla, Pune (Maharashtra). He will deliver a Speech regarding "Utilities of Yoga Practices in our today life".

Apurba Kumar Sinha
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