

# GOUR MAHAVIDYALAYA

P.O. MANGALBARI, DIST – MALDA. Pin – 732142 (W.B.)

Accredited By NAAC ( 2<sup>nd</sup> Cycle ) B +

## One Day Online National Seminar on

### PHYSICAL EDUCATION , SPORTS & YOGA IS A PROSPECTIVE WAY OF HEALTH & CARRIER DEVELOPMENT.

Organized by Department of Physical Education in Collaboration with IQAC

DATED ON 31 JULY – 2021 , AT 2.00 PM ONWARD



PATRON

**Dr. Ashim Kumar Sarkar**  
Principal , Gour Mahavidyalaya.



IQAC CO - ORDINATOR

**Dr. Pulak Kumar Kundu**  
Gour Mahavidyalaya.

#### *The Hon'ble Speaker of the National Seminar*



**Dr. S. K. Ganguly** , Former Principal & Adjunct Professor of GS College of Yoga & Cultural Synthesis, Karvalyadhama, Lonavla, Pune (Maharashtra).

" Application of Yoga in Physical Education and Sports " ⌚ 2.00 pm



**Dr. Alauddin Shaikh** , Assistant Professor, Dr. Meghnad Saha College, Itahar, Uttar Dinajpur,

" Changing Trands and Carrier in Physical Education and Sports." ⌚ 3.00 pm



**Dr. Asit Kumar Sinha** , Former Yoga & Physical Education Teacher, Kendriya Vidyalaya Sangathan,

" Yoga in Our Daily Life". ⌚ 4.00 pm

Convenor : Apurba Kumar Sinha, State Aided College Teacher

Joint Convenor : Aniruddha Singh Permar , State Aided College Teacher

Joyita Singha , State Aided College Teacher



Platform : Google Meet ( Link will be share 30 min. before the Seminar )