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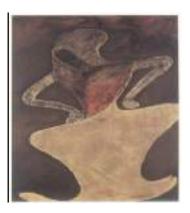
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GOUR MAHAVIDYALAYA, MANGALBARI, MALDA

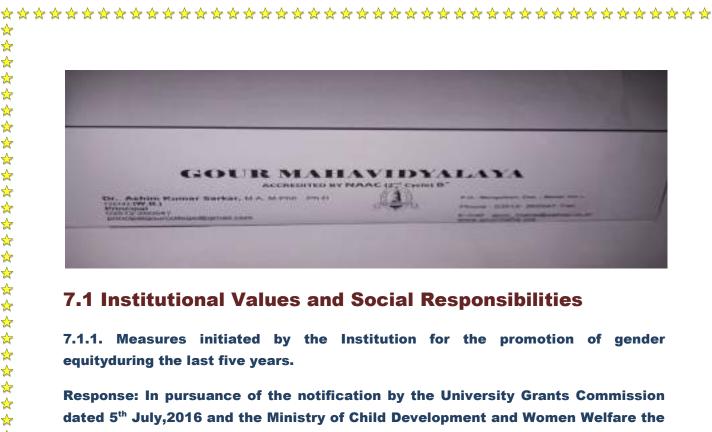


BISHAKHA COMMITTEE



Way of Empowerment

--KabiGuru Rabindranath Tagore



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authority of Gour Mahavidyalaya, Mangalbari, Malda, has constituted **BISHAKHA** COMMITTEE on 21.3.2018. BISHAKHA COMMITTEE has earned the reputation of being a liberal platform with a voracious appetite for conversations that empower women. BISHAKA COMMITTEE finds its true power in initiating conversations on everything from the pressing social issues of discrimination, violence at home as well as at Institution, sexual harassment at workplace and home. Taking this matter into serious consideration the Institution has ever since been organising various activities and special talks based on the crucial issues like gender sensitization and gender based equality. Along with these to make the students feel comfortable addressing certain issues related to any kind of harassment based on gender, the Institution has conducted counselling sessions which was kept for open for the students as well as teachers and non teaching staffs. It was felt that the programme was successful enough to bring up student who actually went for counselling session with Mrs. Laxmi Bhowmik, Lady Counsellor, Malda Medical college and Hospital, Government of West Bengal. The Institution has also been conducting various activities for the empowerment of girl students by various Academicians ,Doctors, Counsellors , Women and Child development officer



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committees not only through indirect educational methods but also by implementing gender related topics in the CBCS syllabus of various subjects.

FORMATION COMMITTEE	OF	BISHAKHA
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*Specific facilities provided for women in terms of:

(a) Safety and security: The college has managed to arrange securities appointed through the respective agencies who care most for the girls students throughout the whole day. Besides this there is a lady attendant who always at hand to take care the girls students in the Girls Common Room and the Campus in whole. Besides these the members of the Bisakha Committee and the disciplinary committee are always pay careful attention to the safety and security for the girls students of our college.

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(b) Counselling: Laxmi Bhowmick,Lady Counsellor of Malda Medical College and Hospital,Government of west Bengal,usually counsels



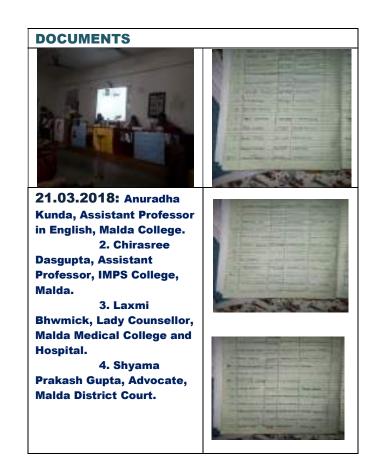
those girl students once in every year.Susmita Gupta,Women Development Officer, Government of West Bengal, Malda Circle also counsels girl students.

01.07.2017 to 30.6.2018(YEAR-2)				
Date	Programme	Speaker	Total attendance	
21.03.2018	Women Empowerment:	1. Anuradha Kunda, Assistant Professor in English, Malda College. 2. Chirasree Dasgupta, Assistant Professor, IMPS College, Malda. 3. Laxmi Bhwmick,	52	

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Lady Counsellor, Malda
Medical College and Hospital.
4. Shyama Prakash
Gupta, Advocate, Malda
District Court.

Topic: Women Empowerment: The honourable Guests addressed different issues related to women empowerment. The event was successful in bringing forth the students and the working members who shared few issues and provided a platform for further queries. Personal Client centered sessions were conducted on a one-to-one basis, using professional methods to help students resolve issues challenging them. This part of counselling was done by LaxmiBhwmick, Lady Counsellor, Malda Medical College and Hospital, Malda, Government of West Bengal.



01.07.2018-30.06.2019(Year-3)			
Date	Programme-Topic	Speaker and Counsellor	Total

			attendance
05.10.2018	Gender ,Sex and Sexuality	Laxmi Bhowmik, Lady Counsellor, Malda Medical College and Hospital	87
08.03.2019	Women Empowerment: Legal aspect against women harassment	1.Prof.DebabrataDebnath, University of GourBanga.	
03.04.2019	An awareness programme on " Prevention of Sexual Harassment at Workplace "	 Sri Bipul Dutta, Advocate, Malda District Court. ChirasreeDasgupta, Assistant Professor, IMPS College, Malda. 	

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Topic::Gender,Sex and Sexuality: :Laxmi Bhwmick,Lady Counsellor, Malda Medical College and Hospital.Smt .Laxmi Bhowmick started her speech by differentiating the word Gender and Sex. She discussed in detail the problem related with Gender discrimination. The event was an eye opener for most of the students had a wrong conception about these two words. Both male and female students were present on this interactive event and made themselves clear by asking the questions related to the above said topic. Personal Client centered sessions were conducted on a one-to-one basis, using professional methods to help students resolve issues challenging them. This part of counselling was done by Laxmi Bhwmick, Lady Counsellor, Malda Medical College and Hospital,Malda.

Topic: Women Empowerment: Legal aspect against women harassment: 1.Prof.DebabrataDebnath, University of GourBanga.2.Sri Bipul Dutta, Advocate, Malda District Court.3.ChirasreeDasgupta, Assistant Professor, IMPS College, Malda, have discussed different legal aspects against women harassment. Prof .D.Debnath delivered a lecture on" Women Empowerment". The students of the Department of English took an active part in the discussion. The Committee had organised a debate on the title" To be or Not to be: Paradox of Motherhood". Among the four students who participated, one student named Poulami Roy became the winner.

Topic: Prevention of Sexual Harassment at Workplace: Sri Bipul Dutta talked about the measures of prevention from sexual harassment.Chirasree Dasguptadiscussed how to prevent herself from sexual harassment at workplace and happenings with them. In 1997, in the landmark judgment of Vishaka and

others v. State of Rajasthan, the Supreme Court of India defined sexual harassment at the workplace, pronounced preventive, prohibitory and redress measures, and gave directives towards a legislative mandate to the guidelines proposed. Sri Bipul Dutta discussed sexual harassment clearly violates the fundamental rights of a women to Equality under Article 14 and Article 15, her right to life under Article 21, and her right to practice any profession and carry on any occupation, trade or business, which includes a Right to safe environment free from sexual harassment. In 2013, substantial changes were made in the way sexual harassment was viewed within the criminal justice system in India. The Criminal Law Amendment Act of 2013, which commenced on April 3, 2013, included Section 354A of the Indian Penal Code, 1860 that defined sexual harassment. The India Penal Code, 1860 has also defined the term sexual harassment and related offences and put forth punishments for the same. Sri Bipul Dutta suggested that appropriate work conditions should be provided in respect of work, leisure, health and hygiene to further ensure that there is no hostile environment towards women at work places and no employee woman should have reasonable grounds to believe that she is disadvantaged in connection with her employment and students.



0 1.07.2019 to 30.6.2020(Year-4)

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Date	Programme	Speaker and	Total attendance
18.08.2019	Topic:" The	Counsellor:	
	Impact of Social	Laxmi Bhowmick,	
	Media On	Lady Counsellor,	
	Adolescents."	Malda Medical	
		College and Hospital	

Laxmi Bhowmick explored the possible problems that the usage of social media can have on the physical, social emotional and cognitive development of adolescents. Adolescence is such a crucial and vulnerable stage in development, where teenagers begin to form their own identity and create meaningful relationships, but social media can have a profound effect on areas of their development. Social media offers new opportunities and challenges for adolescents more today as a generation than ever before. Issues regarding body image, academic achievement, and self-esteem and the connection to social media usage was reported. Laxmi Bhowmick commented," even though mass media is a huge part of a child's learning process and has benefits like the ability to expand their education on the world and the ways of society, more often it offers a poor form of socialisation with no opportunity for physical interaction. With this constant push to learn and use technology and the medium of social media, we are failing to teach children how to behave and function in the real world. Social media negatively affects a child's cognitive and social development as well as childhood development because it limits their ability to understand social cues, to understand conversational tones, and to communicate face to face. Faculty members need to tell the students the correct use of social media so as to avoid or minimise the contingency of mal-practices that prevail over social media". Personal Client cantered sessions were conducted on a one-to-one basis, using professional methods to help students resolve issues challenging them.This part of counselling was done by Laxmi Bhwmick, Lady Counsellor, Malda Medical College and Hospital, Malda.

> **DOCUMENTS(Speaker: Laxmi Bhowmick, Lady Counsellor,** Malda Medical **College and Hospital, Malda: Topic:**" The Impact of Social Media On Adolescents." Date:18.08.2019)



1.7.202	1.7.2020 to 30.6.2021(Year-5)		
Date	Programme	Speaker	Total Attendace

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	Women and Their Well Being During the Phase of Pandemic	(1)Dr.KrishnaGuha,Associate Professor in Sociology,Malda Women College,Malda.(2)Mrs.P.Roy,ClinicalPsyhcologist,NGO.	
22.03.2021	Counselling	SusmitaGupta,Women Development Officer, Government of West Bengal, Malda Circle conducted counseling programme on22.03.2021	
08.03.2022	Women Rights: A big question of today's era	Dr.Sreeparna Chakraborty delivered a lecture on" Women Rights: A big question of today's era".	67

DOCUMENTS IDr.Krishna Guha,Associate Professor in SocilogySociology,Mald a Women College,Mald da.(2)Mrs.P. Roy,Clinical Psyhcologist t,NGO. SusmitaGupt SusmitaGupt SusmitaGupt of SusmitaGupt SusmitaGupt of SusmitaGupt College,Mald da.(2)Mrs.P. Roy,Clinical Psyhcologist t,NGO.	Women Rights: A big question of today's era	Dr.Sreepar na Chakrabort y	Dr.Sreepar na Chakrabort y
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(c) Common Rooms:

CommonRoom:Female students of GourMahavidyalaya,Mangalbari,Malda, have been provided with a spacious and comfortable girls common room. This room is located on the ground floor of the college building in the close vicinity of the Teachers' Common Room. This room is equipped with clean washrooms and comfortable seating. This room is properly ventilated to provide a friendly environment to students. It has been designed to provide a support network for female students as well as to give a place to unwind them and indulge in informal discussion in free time available.TV has been provided in the Girls' Common



(d)Day care center for young children : NA

(e) Any other relevant information:

Special care has been laid by the institution by forming an exclusive rest room for girl students. Basic facilities like toilet, drinking water, television set and attendant has been provided by the Institution. Scholarship schemes like kanyashreeprakalpa, ST, SC,



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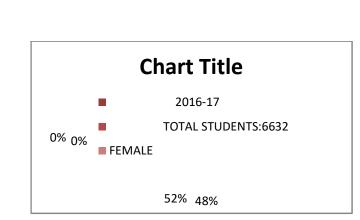
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minorities Scholarships, Vivekananda Scholarships are provided to the girl students for the empowering them. These schemes not only help them financially but also make them confident pursuing the higher education independently.

DOCUMENTS DOSERVATIO N OF KNYASRI	OBSERVATIO N OF KNYASRI	KanyasriStipe
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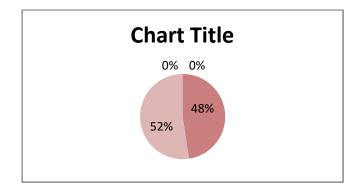
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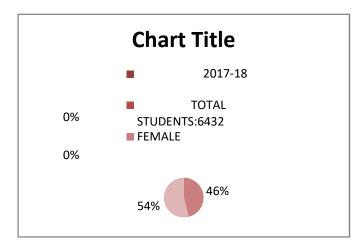
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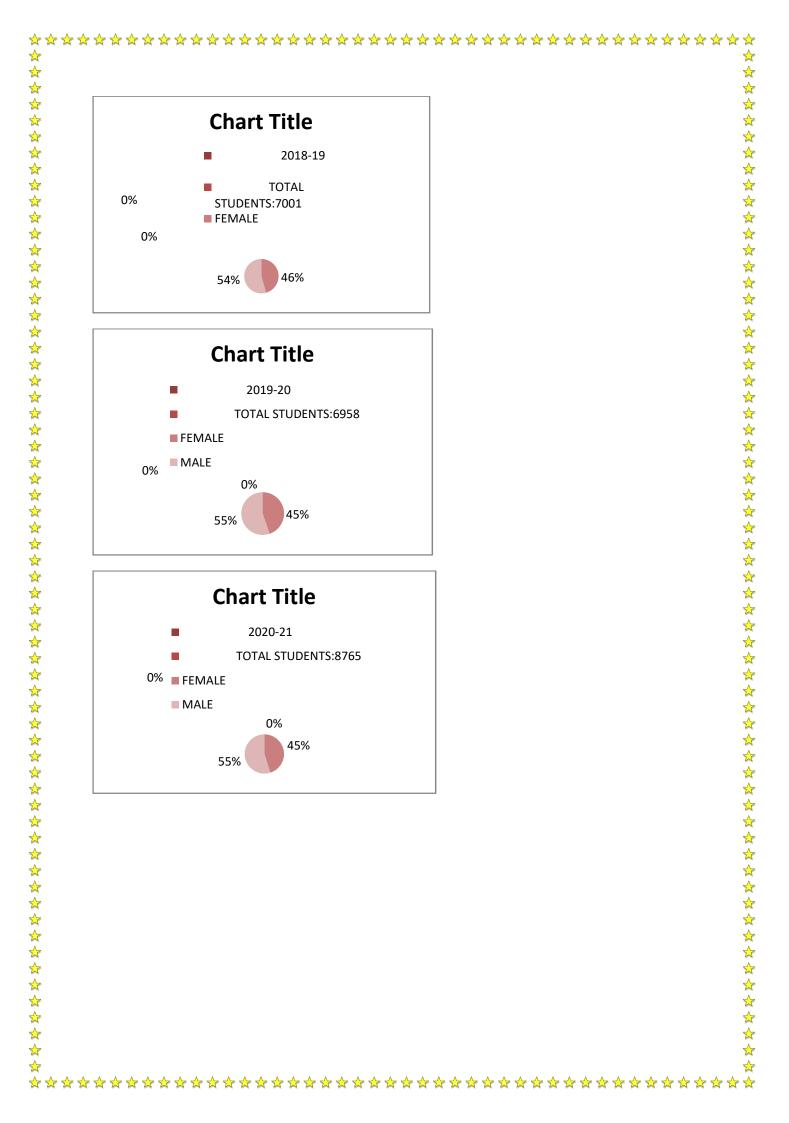
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Convener

Sishakha Committee.

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Principal,

Gour Mahavidyalaya Mangalbari Maida GOUR MAHAVIDYALAYA Mangaibart, Malda