



DEPARTMENTAL NEWSLETTER



Gour Mahavidyalaya



DEPARTMENT OF Health Care (B. Voc)



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Gour Mahavidyalaya

DEPARTMENT OF HEALTH CARE (B.VOC)



NEWSLETTER

About the Department

The Health Care (B.Voc) Department was established in 2020 in collaboration with Gour Mahavidyalaya and is affiliated with the prestigious Gour Banga University. The department is dedicated to providing quality vocational education and practical training to prepare students for careers in the healthcare sector.

Faculty Team: A dedicated team of three experienced teachers, committed to guiding students in both academic and professional growth.

Smart Classroom: Equipped with modern teaching aids to facilitate interactive and engaging learning experiences.

Laboratory: A fully functional laboratory designed to provide hands-on training in healthcare practices.

Cultural Guidance: Emphasis on extracurricular and cultural activities to promote holistic development among students.

Our students are assessed and certified in vocational subjects by Sector Skill Councils (SSC), Government of India, ensuring they graduate with industry-recognized qualifications.

VISION

OUR VISION IS TO BECOME A GLOBALLY RECOGNIZED DESTINATION THAT EMPOWERS STUDENTS, RESEARCHERS, EDUCATORS, AND PRACTITIONERS TO TRANSFORM HEALTHCARE THROUGH:

- RIGOROUS EDUCATION OF STUDENTS AND PRACTITIONERS.
- PROFESSIONAL PLACEMENT OF STUDENTS.
- SUCCESSES IN RESEARCH AND SCHOLARLY OUTPUT.
- NATIONAL AND INTERNATIONAL RECOGNITION OF FACULTY AND STUDENTS.
- PARTNERSHIPS WITH EXTERNAL ENTITIES.
- INTERNATIONAL COLLABORATIONS AND STRATEGIC ALLIANCES.
- INCREASING THE NUMBER OF INTERNATIONAL STUDENTS.
- THE SUCCESS, GROWTH, AND ENGAGEMENT OF OUR ALUMNI.



DEPARTMENTAL RULES

75% attendance is Mandatory.
Return borrowed items before collecting admit card.
Participate in departmental events. Attend class tests and pre tests.
Inform HOD if absent for 7+ days.
Maintain a respectful academic environment. Dispose water properly.
Turn off the fan and light before leaving.



Facilities in the Department of Health

The Department of Health Care is committed to providing a supportive and resourceful environment for students, ensuring holistic development through the following facilities:

- **Well-Equipped Language Lab:** Focused on enhancing English communication and soft skills.
- **Mentor-Mentee Program:** Personalized guidance for academic and professional growth.
- **Academic Centres:** Dedicated spaces for skill-based learning and healthcare practice.
- **Creative Development Clubs:** Opportunities for growth through activities such as reading, film appreciation, debates, e-magazine contributions, student seminars, and outreach programs.
- **Internships and Educational Tours:** Hands-on learning through practical exposure and industry interaction.
- **Comprehensive Course Materials:** Manuals and study materials are provided to facilitate structured learning.
- **Departmental Library:** A rich collection of books and resources dedicated to healthcare studies.
- **Support for Slow Learners:** Tailored assistance to help all students achieve academic success.
- **Focus on Research Skills:** Encouragement and resources to nurture critical thinking and research capabilities.

The department aims to empower students with the knowledge, skills, and confidence needed for successful careers in the healthcare industry.



STUDENT PLACEMENT



1. **MONIKA MANDAL**
 - **PLACEMENT ORGANIZATION: SARAWASTI DIAGNOSTIC & POLYCLINIC, MALDA**
2. **SANGITA MAJHI**
 - **PLACEMENT ORGANIZATION: ISHAA DIAGNOSTIC & POLYCLINIC, MALDA**
3. **NISHA ROY**
 - **PLACEMENT ORGANIZATION: SAGA HEALTHCARE & DIAGNOSTIC, MALDA**
4. **SUDIPA SINGHA**
 - **PLACEMENT ORGANIZATION: APOLLO POLYCLINIC, MALDA**
5. **NUR ALAM**
 - **PLACEMENT ORGANIZATION: APOLLO POLYCLINIC, MALDA**
6. **ABDUL HOQUE**
 - **PLACEMENT ORGANIZATION: MALDA MEDICAL COLLEGE, MALDA**

COMMUNITY OUTREACH PROGRAM

FIELD EXCURSION

MAY 27, 2024



Mangalbari Village

A field excursion was organized to Mangalbari Village on 23rd November 2024 for students of the Health Care (B.Voc) Department. The visit aimed to provide practical exposure to the region's socio-cultural environment, local livelihood practices, and community-driven healthcare or agricultural systems. It sought to bridge the gap between classroom learning and real-world rural experiences.



On 11th December 2024, a community engagement initiative was organized to Dakshin Bharat, Malda, West Bengal, for students of the Health Care (B.Voc) Department. The visit aimed to offer practical exposure to the socio-cultural environment of the region and its local livelihood practices. Students explored community-driven healthcare or agricultural systems, depending on the academic focus. This initiative was designed to enhance students' understanding of rural dynamics and encourage a sense of responsibility toward rural development.



Internship



Student Internship Record Academic Year 2021-2022:

- Completed two internships at Oreka Diagnostics, Rathbari, Malda, West Bengal – 732101.
- Completed one internship at Malda Medical College, Uma Roy Sarani, Malda, West Bengal – 732101.
- Total Internships: 3

Academic Year 2022-2023:

- Completed one internship at Malda Medical College, Uma Roy Sarani, Malda, West Bengal – 732101.
- Completed one internship at Oreka Diagnostics, Rathbari, Malda, West Bengal – 732101.
- Completed one internship at Jeevan Rekha Hospital, Raiganj, Uttar Dinajpur, West Bengal – 733134.
- Total Internships: 3

Academic Year 2023-2024:

- Completed one internship at Jeevan Rekha Hospital, Raiganj, Uttar Dinajpur, West Bengal – 733134.
- Total Internships: 1

Hospital Visit



As part of our curriculum, an institutional visit was organized to Moulpur Rural Hospital in Malda District on 2nd February 2024. The purpose of the visit was to provide students with exposure to the hospital's infrastructure, operational processes, and community healthcare practices. It served as a valuable opportunity for students to gain real-life experience.

Seminar

The Department of B.VOC (Healthcare) at Gour Mahavidyalaya successfully organized a student seminar on 9th December 2024 in Room No. 208. The seminar aimed to foster academic engagement and provide valuable insights into the evolving healthcare sector, featuring Dr. Adhil Aktar, MO Bangitola, as the guest speaker. The event served as a platform for students to gain knowledge from industry experts and exchange perspectives on healthcare topics. Additionally, the department has also organized events like World Hypertension Day (May 17, 2022), World AIDS Day (December 1, 2022), and Front Desk Management Skills Training (April 18, 2022).



Workshop

A First Aid & CPR Training workshop was organized by Oreka Diagnostics in association with the Department of Zoology and Healthcare at Gour Mahavidyalaya on 08.01.2025 in Room No. 113. The workshop aimed to equip students and faculty members with essential life-saving skills to handle medical emergencies. Participants learned crucial techniques such as First Aid and CPR to respond effectively in critical situations.

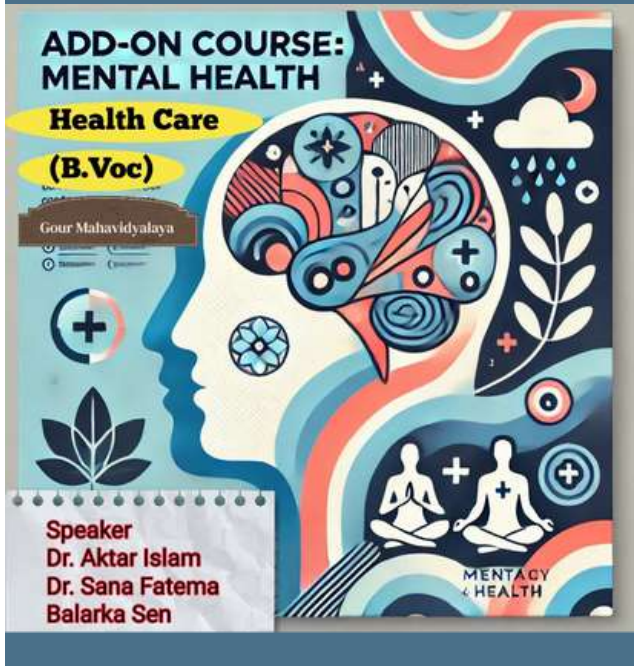


Educational Tours

The two educational tours organized for our students were highly successful and enriching. The tour to Darjeeling, held on 3rd January 2023, provided exposure to the region's natural beauty, cultural diversity, and ecological significance, while the tour to Gour on 24th December 2024 deepened students' understanding of historical and architectural heritage. Both tours allowed students to gain practical knowledge and insights outside the classroom, enhancing their academic growth. We thank the institution and faculty for their invaluable support in organizing these enriching experiences.



ADD-ON COURSE: MENTAL HEALTH



The Department of Health Care (B.Voc) at Gour Mahavidyalaya successfully conducted an add-on course on Mental Health from 18th November to 30th December 2024. With a total of 48 participants, the 30-hour course provided both theoretical insights and practical applications on critical topics like mental health, stress management, and promoting mental well-being. The course was guided by experienced professionals including Dr. Aktar Islam, Dr. Sana Fetama, and Balarka Sen. Assessments included a written exam and online test, with all students successfully completing the program. Certificates were awarded to participants, acknowledging their enhanced expertise in mental health.



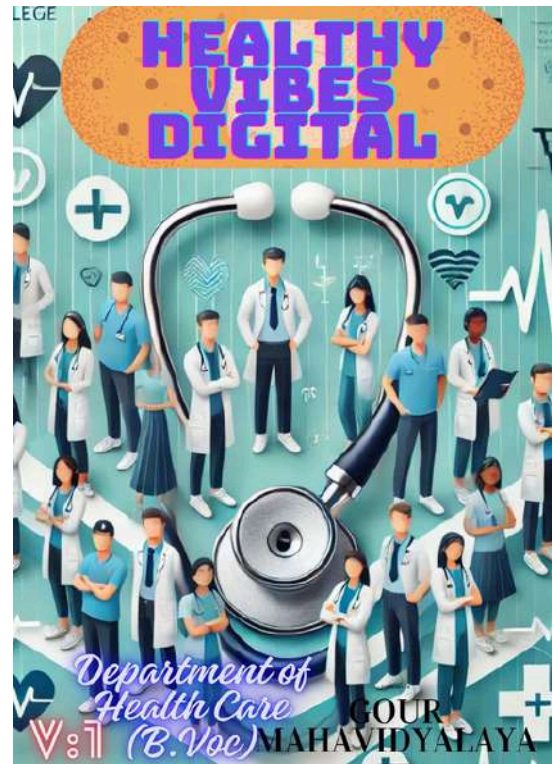
STUDENT' ACTIVITIES

DIGITAL MAGAZINE

WALL MAGAZINE HEALTHY VIBES



The Wall Magazine, an initiative by the students of the Department of Health Care (B.Voc) at Gour Mahavidyalaya, showcases their creative and academic expressions. It features articles, health tips, artwork, and important updates related to the healthcare sector. The magazine serves as a platform for students to share their knowledge, ideas, and talents with the college community.



A Digital Magazine is an online platform where students can publish articles, essays, artwork, and other creative content. It allows for interactive features like videos, links, and digital graphics, making it a modern way to engage with a wider audience. The digital format also ensures easy accessibility and updates, fostering a continuous exchange of ideas and knowledge.

CULTURAL EVENT



"Rabindranath Tagore's birthday celebration was a wonderful experience where we paid tribute to his immense contributions to literature and culture. The cultural activities allowed us to connect with his legacy and celebrate his works in a meaningful way."

STUDENT' ACTIVITIES

Student Achievement in Non-Academic Sphere



Mangalbari, West Bengal, India

Muskan Khatun, a Semester 1 student from the Health Care (B.Voc) Department, secured 1st position in an essay competition, showcasing her creativity and strong writing skills. Her victory reflects the intellectual vibrancy at Gour Mahavidyalaya and serves as an inspiration for others. The faculty and peers extend their congratulations to Muskan for her outstanding achievement.

Student Academic Achievements



Mangalbari, West Bengal, India
Gour College, College Road, Parasamandi, Mangalbari,
West Bengal 732101, India



Mangalbari, West Bengal, India
Gour College, College Road, Parasamandi, Mangalbari,
West Bengal 732101, India
Lat 25.021082° Long 88.149076°
03/01/25 03:12 PM GMT +05:30

Muskan Khatun, Shreya Majumder, and Moumita Mahato secured the 1st position in their respective internal examinations across the First, Third, and Fifth Semesters. Their exemplary academic performance is an inspiration to their peers, and we congratulate them on their success.



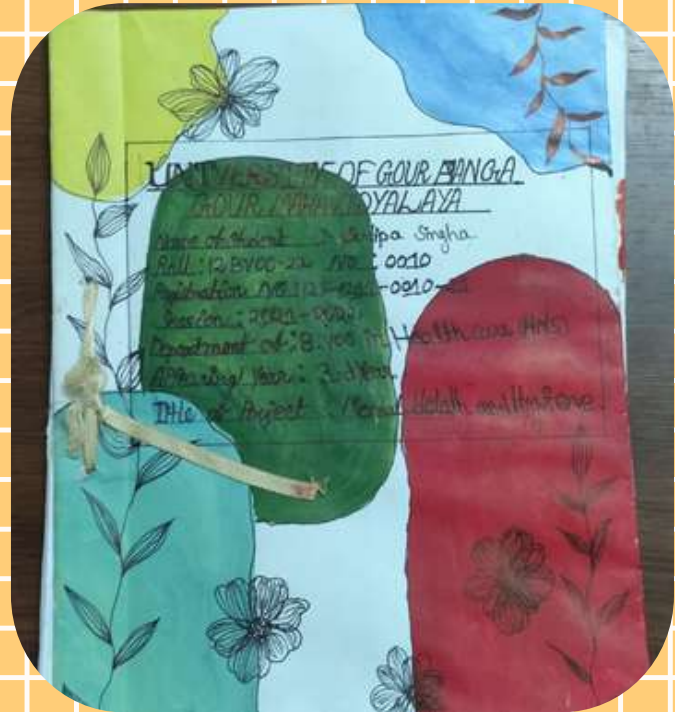
Mangalbari, West Bengal, India
Gour College, College Road, Parasamandi, Mangalbari, West Bengal 732101, India
Lat 25.020986°
Long 88.149286°
29/08/24 12:20 PM GMT +05:30

The volleyball competition organized on 29th August 2024 aimed to foster teamwork, physical fitness, and inter-departmental bonding. The Health Care (B.Voc) Department actively participated, showcasing enthusiasm and sportsmanship alongside other departments.

STUDENT' ACTIVITIES

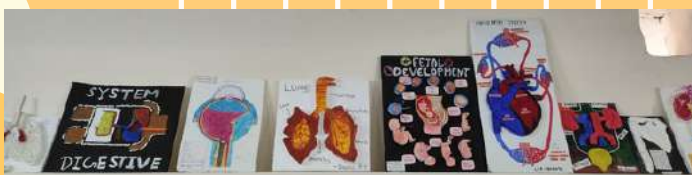
PROJECT

The project undertaken by students in the Health Care (B.Voc) Department focused on real-world healthcare issues, encouraging research, analysis, and practical solutions. It aimed to enhance students' problem-solving and critical thinking abilities through hands-on experience.



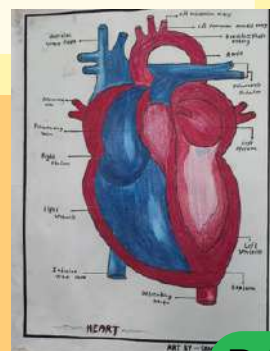
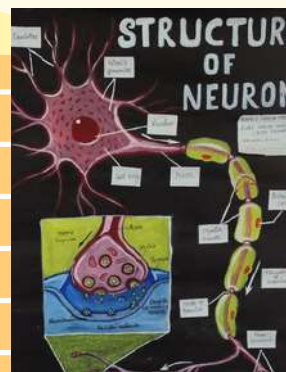
MODEL

Students created models to represent healthcare systems, such as patient care workflows or disease prevention methods, to visually demonstrate key concepts. These models served as interactive learning tools and helped students better understand complex healthcare processes.




CHART


Lorem ipsum dolor sit amet, consectetur adipiscing elit. Pellentesque ullamcorper diam a interdum laoreet. Ut vulputate odio a viverra varius. Phasellus auctor at libero ac lacinia. Duis arcu arcu.




HEALTH CENTRE




GOUR MAHAVIDYALAYA HEALTH CARE CENTRE





**RUN BY
DEPARTMENT OF
HEALTH CARE
(B. VOC)**



DOCTORS' LIST:


- **DR. AKTAR ISLAM**
(B.H.M.S)
- **DR. SANA FATEMA**
(B.H.M.S)

H.O.D, DEPARTMENT OF HEALTH CARE (B.VOC)
TEACHING FACULTY, DEPARTMENT OF HEALTH CARE (B.VOC)

"Where Care Meets Healing."

FREE HEALTH CHECK-UP SERVICES AVAILABLE

Address: Department of Health Care (B.Voc)
Timings: 11:00 AM – 4:00 PM
(Closed on Sundays & Holidays)




Gour Mahavidyalaya Health Care Centre
Run by Department of Health Care (B. Voc)

DR. AKTAR ISLAM
B.H.M.S. (B.H.M.S.) KANPUR CONSULTANT
HOMOEPATHIC PHARMACY
Teaching Faculty (HCEI)
Department of Health Care (B.VOC) Gour
Mahavidyalaya
Khanpur, Kanpur
Khanpur Homoeopathic Medical College & Hospital
Regd. 12/22
Maha/2018/1522/700/192/1022



DR. SANA FATEMA
Bachel. degree holder
Ex. Resident of I.C.M.H Hospital & College
MADRAS (M.A.P.P.H.C.E.P) B.S. B.C.
Hospital
Bharatpur, Uttar Pradesh Hospital
Regd. 12/24
Maha/2000/2789

Patient's name: Shawal Ghosh Age: 52 Date: 27/1/22
 Height: 167cm Weight: 62 Sex: M BP: 142/80 smoking

RX
 ps - 92 beats/min
 58% - 99%
 No. Frequent urination.
 • Gastritis

Adv: Blood for = F, PP

Re:
 1. Lycopodium 200/40
 2. Kalman 200/5 20ml

Signature

A health center is a vital institution providing primary healthcare services to the local community.

TEACHER'S PROFILE



Dr. Aktar Islam
B.H.M.S,
2 years teaching
experience as a vocational
trainer.

Dr. Sana Fatema
BHMS,
Pursuing Master's in
Hospital Administration.
1 Year Diploma Computer
Course



Balarka Sen.
M.A, B.ED,
MHA (Master's in Hospital
Administration) .
Diploma in Sanitary Health
Inspector,
Pursuing PhD in Healthcare
Management.
Certified in General Duty
Assistant (GDA)

***RECENT PUBLICATIONS : HEALTHCARE IN THE MAURYAN ERA:
HOSPITALS FOR HUMANS AND ANIMALS
PAPER PRESENTED AT THE INTERNATIONAL CONFERENCE ON
EXPLODING MEDICAL TOURISM MANAGEMENT AND HEALTH CARE
SYSTEM DURING THE REIGN OF KING ASHOKA***