

# GOUR MAHAVIDYALAYA

## Department of Health Care (B.VOC)

ACCREDITED BY NAAC (2<sup>nd</sup> Cycle) B<sup>+</sup>

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### Health Center Activity Report

**Gour Mahavidyalaya Health Care Centre**  
Run by the Department of Health Care (B.Voc)

#### Doctors Present:

- **Dr. Aktar Islam (B.H.M.S.)** – H.O.D., Department of Health Care (B.Voc)
- **Dr. Sana Fatema (B.H.M.S.)** – Teaching Faculty, Department of Health Care
- **Time:** 11:00 AM to 4:00 PM (Closed on Sundays & Holidays)  
**Venue:** Department of Health Care (Room No. 113), Gour Mahavidyalaya

#### Objective:

The Gour Mahavidyalaya Health Care Centre aims to provide free health check-up services to the local community, promoting accessible and quality primary healthcare.

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#### Activities Conducted:

- 1. Health Check-ups:**
  - Comprehensive physical check-ups for visiting patients.
  - Vital parameters such as blood pressure, weight, and pulse were recorded.
- 2. Consultations:**
  - Diagnosis of common ailments, including fever, hypertension, and musculoskeletal pain.
  - Personalized advice on health and lifestyle improvement.
- 3. Prescriptions:**
  - Appropriate medications were prescribed as per patient needs.
  - Example:  
**Patient Name:**  
**Age/Sex:**

**Diagnosis:** Muscular pain, fever, and mild hypertension, etc.

**Treatment Plan:**

- Medication to relieve pain.
- Follow-up visit after 7 days.

4. **Community Awareness:**

- Guidance on hygiene and preventive measures for maintaining overall health.
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**Outcome:**

- Improved awareness of health issues among community members.
- Positive feedback received from beneficiaries regarding services provided.

**Conclusion:**

The Health Care Centre continues to uphold its mission of serving the community with dedication and professional care. Plans are in place for further outreach initiatives to ensure holistic healthcare access for all.

