



STAR Nursing Home
MALDA

N.H.-34, Gabgachi, Jadupur, Malda - 732103
starnursinghomemalda@gmail.com
993 3197 934, 9046229273

Ref. No. SNH-0338-25

Date 05/07/2025

WORKING EXPERIENCE CERTIFICATE



TO WHOM SO EVER IT MAY CONCERN

This is to certify that **BAPAN ROY S/O: BASUDEB ROY** of High Land Park, Gazole, Malda, 732124, a student of Gour Mahavidyalaya has successfully completed a **1-month training internship** as a **GDA Advanced** at **Star Nursing Home**, from 21.05.2025 to 21.06.2025.

He was performed various activities in **GDA Advanced** and demonstrated enthusiasm, dedication, and a willingness to learn new skills. This internship provided him with valuable hands-on experience in **GDA Advanced practices**, patient interaction, and teamwork within a healthcare setting.

We appreciate his contribution and wish him all the very best in his future endeavors.

STAR NURSING HOME
M. Jais
Manager

Authorized Signature
Date: 05/07/2025

Bapan Roy



STAR Nursing Home

MALDA

KIDNEY CARE CENTRE

N.H.-34, Gabgachi, Jadupur, Malda - 732103

starnursinghomemalda@gmail.com

993 3197 934, 9046229273

Ref. No. SNH-0336-25

Date 05/07/2025



Fieldwork Completion Certificate

This is to certify that the following students have successfully completed their fieldwork/clinical training at **Star Nursing Home** from **21st May to 21st June** as part of their academic curriculum.

During this period, they showed good conduct, discipline, and a willingness to learn. Their performance was satisfactory, and they were cooperative with staff and patients throughout the training.

Name of the students:

1. Muskan Khatun
2. Bapan Roy
3. Sahida Khatun
4. Haimanti Singha
5. Sk Rabiul
6. Sabujayan Ray
7. Morselim

We wish them all the best in their academic and professional journey.

Date: 05.07.2025

Place: Star Nursing Home

STAR NURSING HOME

Myjans Khatun

Manager

Authorized Signatory

GOUR MAHAVIDYALAYA

DEPARTMENT OF B.VOC
HEALTHCARE



IAPC

TOPIC : INTERNSHIP

1ST SEMESTER

NAME : Ashia Khatun

ROLL : 12BVOC-26

NO : 0004

REGD. NO. : 128-1211-0004-25

SESSION : 2025-26



केदार एंड कीर नर्सिंग होम
CARE & CURE NURSING HOME



SFC

AFC
MIL-1

ZOOLOGY

Contemporary
Environmental Issues

Internship Log Book

Name of Student: Ashia Khatun

Course Name: B.Voc in Healthcare

Roll Number: 12BVOC-26 0004

Registration Number: 128-1211-0004-25

Institution Name: Group Mahavidyalaya

Internship Duration: 30 days

Internship Location (Hospital): Care and Cure Nursing Home.

ACKNOWLEDGEMENT

I would like to express my sincere thanks to the nursing home authority for giving me the opportunity to complete my internship. I am thankful to all the nurses who guided me and allowed me to assist them in daily nursing duties.

I also thank my teachers and institution for their continuous support and guidance. This internship helped me gain valuable health care experience.

Yours sincerely
Ashia Khatun

INDEX

1.	Introduction
2.	Objectives
3.	Nursing Home Environment
4.	Topic-wise Learning
5.	Clinical Procedure
6.	Daily Log (Day by Day)
7.	Learning outcome
8.	Conclusion
9.	Self Evaluation
10.	Strengths Developed
11.	Areas for Improvement
12.	Ethical values Learned
13.	Declaration

INTRODUCTION

The nursing home internship was an important part of my GDA health care training. The main aim of this internship was to gain practical experience in a real clinical environment.

During the internship, I worked closely with nurses and assisted them in patient care, medication administration under supervision, and doctor rounds. This experience helped me understand hospital work and the role of health care staff.

- * - * - * -

OBJECTIVES

The objectives of my nursing home internship were:

- To gain practical health care experience.
- To assist nurses in daily nursing work.
- To learn patient care activities.
- To improve communication skills.

- * - * - * -

NURSING HOME ENVIRONMENT

The nursing home environment was clean, organized and disciplined. Different wards were arranged properly according to patient needs.

Doctors, nurses and health care staff worked together as a team. Hygiene, safety and patient care were given high importance in the nursing home.

-*-*-*

TOPIC-WISE LEARNING

During the internship, I learned many nursing-related activities by working with nurses.

I assisted nurses in patient care, medicine distribution under supervision, checking patient condition, and maintaining ward cleanliness. I also followed nurses during doctor rounds and observed patient assessment and treatment planning.

This learning helped me understand practical health care duties clearly.


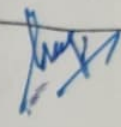
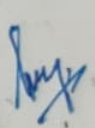
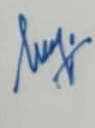
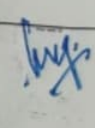
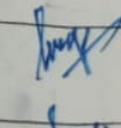
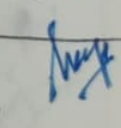
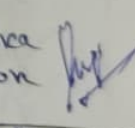
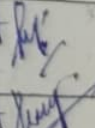
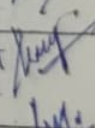
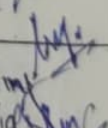
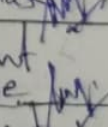
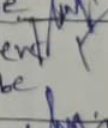
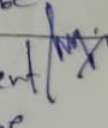
- * - * - * -

CLINICAL PROCEDURES

I assisted nurses during various clinical activities such as bed making, patient positioning, medicine preparation, medicine rounds under supervision, oxygen support observation and wound dressing assistance.

I followed instruction carefully and learned the importance of accuracy, responsibility and patient safety while assisting nurses.

- * - * - * -

Day No.	Date (From-To)	Department/Unit Visited	Activities Performed	Skills Learned	Supervisor's Signature
1.	15.12.25	ICU/ Post-natal ward	ICU visit oxygen therapy, oxygen masks, ICU monitor	Oxygen basics, Patient Communication	
2.	16.12.25	Post-natal ward	Ward visit C-Section dressing Pain injection.	Dressing materials, Pain management	
3.	17.12.25	ICU/Surgical ward/ Post natal ward	IV Cannulation, Catheter care	Clinical Skill, Saline-Infusion, IV Cannulation	
4.	18.12.25	ICU	Observed ICU patients & attended doctors explanation regarding Rh incompatibility.	Observed 100 Patients attend doctors teaching session	
5.	19.12.25	ICU/Post-natal ward	Patient's Observation	Patient Case.	
6.	20.12.25	ICU	Poison patient	Observation skill.	
7.	21.12.25	Post-natal ward	Normal Delivery patient.	Dressing skill	
8.	22.12.25	Post-natal ward	IV medication, maintaining aseptic techniques	IV medication	
9.	23.12.25	General visit	Patient's observation	Patient Case	
10.	24.12.25	Post-natal ward	Patient's observation	Patient Case	
11.	25.12.25	General visit	Ward visit	Dressing materials	
12.	26.12.25	Cardiology	ICU visit	Patient Case	
13.	27.12.25	General visit	vital monitoring	Patient Case	
14.	28.12.25	Post-natal ward	Patient's observation	Patient Case	

Day No.	Date (From-To)	Department/Unit Visited	Activities Performed	Skills Learned	Supervisor's Signature
15.	29/12/25	General visit	Patients observation	Patient care	[Signature]
16.	30/12/25	Post-natal ward Obstetrics and Gynaecology	Patients observation	duties properly	[Signature]
17.	31/12/25	post-natal ward	ward visit	Patient care	[Signature]
18.	1/1/26	Post-natal ward	Patients observation	Patient care	[Signature]
19.	2/1/26	General visit	ICU visit and general	Patient care	[Signature]
20.	3/1/26	Post-natal ward	Patients observation	Patient care	[Signature]
21.	4/1/26	Post-natal ward	Patients observation	Patient care	[Signature]
22.	5/1/26	General visit	Patients observation	Patient care	[Signature]
23.	6/1/26	Orthopaedics ward	Patients observation	Patient care	[Signature]
24.	7/1/26	General visit	Patients observation	Patient care	[Signature]
25.	8/1/26	Post-natal ward	ward visit	Patient care	[Signature]
26.	9/1/26	General visit	Patients observation	Patient care	[Signature]
27.	10/1/26	OT	Cesarean patient	difficulty in adjusting	[Signature]
28.	11/1/26	Post-natal ward	Patients observation	Patient care	[Signature]
29.	12/1/26	General visit	ward visit	Patient care	[Signature]
30.	13/1/26	Post-natal ward	ward visit	Patient care	[Signature]
31.	18/1/26	General visit	ward visit	Patient care	[Signature]

Date: // 15/12/25

Day: 1

Department Visited: ICU & Post-natal Ward

Name of Supervisor: _____

Activities Performed Today:

Today I visit the post-natal ward and ICU. I observed oxygen therapy, ICU monitoring and patients care. I also observed post-delivery care of mothers and newborn babies.

Observation / Reflection:

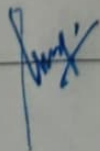
In the ICU, I observed the oxygen cylinders and different types of oxygen masks. I learned how oxygen is given to patients according to their condition. I also practiced measuring blood pressure under supervision.

In the post-natal ward, I observed mothers and newborn babies after delivery. I learned how mothers are kept under observation after childbirth. I saw how nurses and staff communicate gently with mothers and provide proper care.

New Skills / Knowledge Gained:

- Knowledge of oxygen therapy and oxygen masks.
- Understanding of ICU monitor and vital signs.
- Basic patient communication skills.
- Blood pressure measurement.
- Basic post-natal mother and newborn care.

Supervisor's Signature: _____



Date: // 16/12/25

Day: 2

Department Visited: Post-natal-ward

Name of Supervisor: _____

Activities Performed Today:

Today I visited the post-natal-ward. I observed post-operative care of mothers after Caesarean Section. I observed nursing procedures under supervision.

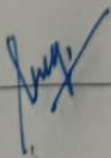
Observation / Reflection:

In the post-natal ward, I observed dressing of a Caesarean section wound. I saw how proper hygiene and sterile technique were maintained during dressing. I observed antibiotic medicine being given through a syringe using an already inserted IV cannula in the mother's hand. I also observed the an injection given for pain relief. I learned the importance of timely medication, cleanliness and careful handling of post-operative mothers.

New Skills / Knowledge Gained:

- ① Observation of C-section wound dressing.
- ② Knowledge of IV antibiotic administration.
- ③ Pain management through injection.
- ④ Importance of post-operative care and hygiene.

Supervisor's Signature: _____



Date:// 17/12/25

Day: 3

Department Visited: ICU / General observation

Name of Supervisor: _____

Activities Performed Today:

Today I learned how to start a saline IV line.
I learned how to insert IV cannula in hand.
I learned the procedure of Urinary Catheterization.
I attended a teaching session by the doctor.

Observation / Reflection:

On this day, I learned how to start saline and IV cannula insertion properly. I learned the procedure of Urinary Catheterization and assisted in catheter insertion for an ICU patient under supervision. The doctor explained why pain-relieving medicine is not given for a few hours after Caesarean Section. The doctor also explained about appendicitis, its causes and treatment. This day helped me to improve my practical knowledge and understanding.

New Skills / Knowledge Gained:

- IV cannulation.
- Starting saline IV line.
- Urinary catheterization.
- Patient care in ICU.
- Aseptic technique.

Supervisor's Signature: _____

Date:// 18/12/25

Day: 1

Department Visited: ICU

Name of Supervisor: _____

Activities Performed Today:

Today I attended doctor's explanations. I observed ICU patients. I monitored patients and informed the doctor if any problem occurred.

Observation / Reflection:

On this day, I mainly attended the doctor's explanation. I learned about complications that may occur when the mother's blood group is Rh positive. I observed ICU patients and monitored them carefully so that the doctor could be informed immediately in case of any problem. This day improved my observation and patient monitoring skills.

New Skills / Knowledge Gained:

- ① Patient monitoring.
- ② Observation skill.
- ③ Communication skill.

Supervisor's Signature: 

Date: // 19/12/25
Day: 5th
Department Visited: ICU & Post-natal ward
Name of Supervisor: _____

Activities Performed Today:

Today I stayed in the ICU. I observed ICU patients. I visited the post-natal ward. I observed patients under supervision.

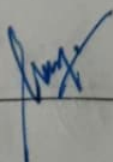
Observation / Reflection:

On this day, I stayed in the ICU and observed patients carefully. I monitored patients so that any problem could be identified early and the doctor could be informed if required. I also visited the post-natal ward and observed post-natal patients. This day helped me to understanding of patient care.

New Skills / Knowledge Gained:

- Patient observation.
- ICU case.
- Post-natal case.
- Communication Skill.

Supervisor's Signature: _____



Date: 20/2/25

Day: 6

Department Visited: ICU

Name of Supervisor: _____

Activities Performed Today:

Today I observed a patient who had taken poison in the ICU. I observed the treatment given, including the type of medicine and IV line used. I observed the patient's condition and reported any problems to the doctor.

Observation / Reflection:

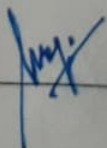
On this day, I observed a patient admitted in the ICU after taking poison. I learned about the treatment process, including the medicines and IV lines used. I continuously monitored the patient's condition to ensure timely reporting to the doctor if any complications occurred.

This day improved my observation skills and understanding of ICU patient care.

New Skills / Knowledge Gained:

- Patient monitoring.
- Observation skill.
- ICU patient care.

Supervisor's Signature: _____



LEARNING OUTCOME

This internship helped me gain strong practical knowledge in health care. Assisting nurses in medication work and doctor rounds improved my understanding of clinical care.

My communication skills, confidence and sense of responsibility increased during the internship.

-*-*-*-

CONCLUSION

The nursing home internship was a valuable learning experience for me as a GDA student. Working with nurses helped me understand real patient care and hospital responsibilities.

This internship prepared me for future work in the health care field and increased my professional confidence.

- * - * - * -

SELF EVALUATION

Before the internship, my knowledge was mostly theoretical. I had limited confidence in practical health care work.

After completing the internship, I feel more confident and responsible. Assisting nurses helped me learn many practical skills.

— * — * — * —

STRENGTHS DEVELOPED

During the internship, I developed strengths such as patience, teamwork and discipline.

I also improved my communication skills and confidence while working with patients, nurses and doctors.

— * — * — * —

AREAS FOR IMPROVEMENT

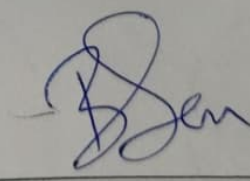
I need more practice in handling critical patients and improving my clinical skills.

With further training and experience, I believe I can improve myself as a health care professional.

-x-x-x-

DECLARATION

I hereby declare that this log book is written by me based on my GDA internship experience at a nursing home, where I assisted nurses in patient care, medication administration and doctor rounds under supervision.

 24/3/26

Teacher's signature

Final Summary (To be filled after completion of internship)

1. Total Duration of Internship: 30 Days

2. Key Departments Visited: General ward and Operation Theatre (OT)

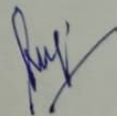
3. Most Valuable Learning Experience: Learning routine nursing care and observing a cesarean section in the OT.

4. Challenges Faced and How You Overcame Them: Initially, I felt nervous in the hospital environment, but with guidance and practice, I gained confidence.

5. Suggestions for Future Interns:

Future interns should be punctual, disciplined, and sincere in their duties. They should follow instructions of senior nurses and doctors, maintain cleanliness, communicate politely with patients, and always be willing to learn new skills.

Ashia Khatun
Signature of Student:



Signature of Supervisor:

Dr. Saied Zaman
14-01-26



Stamp of Institution/Hospital:

Signature of Supervising Doctor:

Dr. Saied Zaman
24/1/26