

2024

**EDUCATION (Honours)**

**Paper Code : EDCH DSE-2**

**[Mental Health]**

Full Marks : 32

Time : Two Hours

*The figures in the margin indicate full marks.  
Candidates are required to give their answers  
in their own words as far as practicable.*

1. Answer any *four* of the following questions :  $2 \times 4 = 8$

- (a) Define mental health.
- (b) Write two characteristics of a mentally healthy person.
- (c) What is dyscalculia?
- (d) In which year and where was the DSM-IV edition released?
- (e) Mention two symptoms of maladjustment.
- (f) Define Normality.

2. Answer any *four* of the following questions :  $4 \times 4 = 16$

- (a) Explain the relationship between mental health and mental hygiene.

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- (b) State the objectives of mental hygiene.
- (c) Justify the statement "Sound mind in a Sound body".
- (d) Classify mental health diseases according to DSM-IV.
- (e) State the causes of ill mental health.
- (f) Discuss the causes of maladjustment.

3. Answer any *one* of the following questions :  $8 \times 1 = 8$

- (a) What is mental hygiene? Discuss the role of family to prevent mental illness.  $2+6$
  - (b) What do you mean by the word 'Abnormal'? Discuss the causes of abnormality.  $2+6$
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